



Typical Day Timetable

09H00 – 10H30	Training - Workshop	90'
10H30 – 10H45	Coffee Break	
10H45 – 12H15	Training - Workshop	90'
12H15 – 13H30	Lunch Break	
13H30 – 15H00	Training - Workshop	90'
15H00 – 15H15	Coffee Break	
15H15 – 16H45	Training - Workshop	90'
16H45 – 17H15	Other Q&A	30'

Typical Afternoon Timetable

14H00 – 15H30	Training - Workshop	90'
15H30 – 15H45	Coffee Break	
15H45 – 16H45	Training - Workshop	60'
16H45 – 17H00	Coffee Break	
17H00 – 18H30	Training - Workshop	90'
18H30 – 19H00	Coffee & Sandwich Break	
19H00 – 20H00	Training - Workshop	60'
20H00 – 20H15	Other Q&A	15'

Typical Evening Timetable

18H00 – 19H30	Training - Workshop	90'
19H30 – 20H00	Coffee & Sandwich Break	
20H00 – 21H00	Training - Workshop	60'
21H00 – 21H15	Other Q&A	15'